



Europass Curriculum Vitae



Personal information

First name(s) / Surname(s) João Abreu
Address Rua do Progresso, Lote 4, Qta das Pratas, Cartaxo (Portugal)
Mobile +351 919309701
E-mail(s) j.1987.a@hotmail.com
Nationality Portuguese
Date of birth 29/07/1987
Gender Male

Work experience

Dates 2009 - 2010
Occupation or position held Trainee
Main activities and responsibilities Trainee Consultant, Communication
Name and address of employer European Parliament Brussels (Belgium)
Brussels (Belgium)

Dates 2011 - 2012
Occupation or position held Press Agent
Main activities and responsibilities Press Agent, Communication, IT Support.
Name and address of employer Thomson Reuters Centre of Excellence - Editorial Support
Lisbon (Portugal)

Dates 2012 →
Occupation or position held Journalist
Main activities and responsibilities Writing and optimizing digital content
Name and address of employer Summon Press SL
Valencia (Spain)

Education and training

Dates 2011 - 2012
Title of qualification awarded Master in Strategical Communication and Public Relations
Principal subjects / occupational skills covered Communication, Marketing, Public Relations
Name and type of organisation providing education and training Universidade da Beira Interior
(Portugal)

Dates 2007 - 2011
Title of qualification awarded Bachelor in Political Science and International Relations
Principal subjects / occupational skills covered International Relations, Communication, Philosophy, Rhetoric, Economics
Name and type of organisation providing education and training Universidade da Beira Interior
(Portugal)

Dates 2009 - 2010
 Title of qualification awarded Erasmus Program
 Principal subjects / occupational skills covered Working on multi-lingual and multi-cultural environment. Communication, Economics
 Name and type of organisation providing education and training Katholieke Universiteit Leuven Leuven (Belgium)

Dates 1994 - 2001
 Title of qualification awarded Cambridge Proficiency English Certificate
 Principal subjects / occupational skills covered English Language
 Name and type of organisation providing education and training Cambridge school of English (Portugal)

Dates 2010 →
 Title of qualification awarded Universidade de Verão Graduate
 Principal subjects / occupational skills covered Communication, Politics, Team work
 Name and type of organisation providing education and training Political Party Castelo de Vide (Portugal)

Personal skills and competences

Mother tongue(s) Portuguese

Other language(s)

Self-assessment European level (*)

English
 Spanish / Castilian
 Polish

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user	C2	Proficient user
C1	Proficient user	C1	Proficient user	B2	Independent user	B2	Independent user	B1	Independent user
A1	Basic User	A1	Basic User	A1	Basic User	A1	Basic User	A1	Basic User

(*) [Common European Framework of Reference \(CEF\) level](http://www.cef.eu)

Computer skills and competences Advanced IT User

Other skills and competences Political party member from 2004 to 2011.
 Experience in team work and communication.

Academic Association
 Numerous team work activities

Driving licence(s) B